**Conducting Effective Meetings** 

## **OVERVIEW**

Course duration: 1 day.

Use a variety of techniques to organise and conduct effective and interactive meetings (by phone or face-to-face) to gain time and increase productivity.

# **IS IT RIGHT FOR ME?**

This course is suitable for individuals who are required to run, conduct and lead any kind of meeting and who wish to achieve success.

## WHAT WILL I LEARN?

By the end of this practical one-day course, you will be able to:

- Structure and conduct meetings to achieve objectives and avoid wasting time.
- Identify, understand and apply the PPCM approach.
- Encourage contributions from all participants.
- Develop communication skills and efficiently conduct professional meetings.
- Deal with difficult situations or members.
- Overcome the difficulties caused by technology in meetings.

## WHAT WILL IT COVER?

**Efficient Meeting Preparation** 

- Identifying the different types of meetings
- Isolating the common problems and difficulties that occur in meetings
- Structuring the various phases of the meeting
- Identifying clearly the role and responsibilities of the chairperson
- Adopting the appropriate tone and structure

Lead Effective Meetings with the PPCM Approach

- Pertinence: what the purpose is, other possibilities of meeting people
- Preparation: clarifying and communicating the agenda, topics, duration, commitments, logistics
- Conduct: the techniques to lead and involve the team in the meeting
- Measure: who should draw up the minutes of the meeting

### Conduct a Meeting Effectively

- Using various techniques to make people interact with each other
- Dealing with problematic attendees
- Controlling flow and time
- Encouraging participation from all attendees

### Technology in Meetings

- Points to consider for a successful virtual meeting
- Personalised feedback and input on how to make your virtual meetings work

### **Develop Communications Skills**

• Questioning and listening techniques

- Identifying the key message and the needs of the audience
- Developing your personality to build rapport more easily and successfully
- Practising persuasion techniques to feel more confident in dealing with others
- Handling misunderstandings
- Maintaining assertiveness

Give Constructive Feedback

- Pursuing effective reviews
- Mastering summarising techniques