



Level 1 – Health & Safety in the Workplace

Duration: 4 hours

This course is a good introduction to health and safety in the workplace and will benefit any worker, in any industry or sector and accommodates induction training for the new employee very well.

All aspects of Health and Safety are important to a business whether you are an employee, contractor or supplier and this half-day course will benefit both the learner and the business, ensuring that the working environment is a safe and healthy one.

A range of subjects are covered including: -

- Understanding the importance of health, safety and welfare standards in the workplace
- Knowing how hazards and risks are controlled in the workplace
- Being aware of the main causes and effects of poor health and safety at work
- Understanding how health and safety information is communicated in the workplace

Assessment is on-going by the instructor, culminating with a multiple choice question paper.

This qualification does not expire, but refresher training and keeping up to date with changes to policies and procedures is vital to keep the qualification current.

While we have to cover the defined syllabus, as with all our First Aid courses, we will make them relevant to the client as it is far more likely for the delegates to understand it if they can see how it relates to their workplace.