

Level 3 Paediatric First Aid

Duration: 2 days

Our Paediatric First Aid course complies fully with the requirements of OFSTED for those engaged in the childcare sector and is also Ofqual regulated.

The topics covered on the 2-day Paediatric First Aid course are :-

- Legislation, responsibilities and reporting
- Infection control
- First Aid box
- Primary survey
- Unresponsive, breathing patients (Recovery positions for infants, children and adults)
- Unresponsive, non-breathing patients (CPR for infants, children and adults)
- Defibrillation
- Choking
- Seizures (including febrile convulsions)
- Wounds and Bleeding
- Shock
- Burns
- Secondary survey
- Fractures and dislocation
- Soft tissue injuries
- Head and Spinal injuries
- Eye injuries
- Foreign objects
- Electrocutation
- Poisoning
- Severe allergic reactions
- Effects of heat and cold – Heat exhaustion, Heat stroke and hypothermia
- Recognition and treatment of serious childhood illnesses – asthma, meningitis, sickle cell anaemia, rashes

OFSTED requires at least one person in a professional childcare environment to be qualified in Paediatric First Aid (other members of staff should have completed, as a minimum, the 1-day Emergency Paediatric First Aid course). This course covers the vast majority of incidents that can happen with children and also teaches how to recognise the symptoms of serious childhood illnesses.

Our courses are very “hands-on” as we believe actually practicing the techniques is a far more effective way of learning. Practical demonstrations and exercises supported by on-screen presentations and lots of verbal interaction is our way of training.

A Paediatric First Aid certificate is valid for 3 years – requalification is a repeat of this course. While not a statutory requirement, it is recommended an annual refresher takes place so delegate may keep their skills up-to-date.